

# Prompt Materials Prompt Time



## Rocks, Pebbles, and Sand

This is a demonstration and discussion. We did not come up with the visual of the idea, but did tie in the questions to being prompt and B7P.

Materials Needed: large clear container, big rocks, and pebbles (sand)

Directions:

1. Place the sand into the jar first. Next try to fill in the rest with the big rocks (be sure they do not all fit for the purpose of the demonstration). Ask the students if the jar is full? They will most likely agree, but will notice that not all of the big rocks fit in, while all of the pebbles/sand did.



2. Empty the contents and try again, but this time in a different order. Start with placing the big rocks (strategically) in the glass jar. It is a good idea to number the rocks (small for your eyes only to see) and place them in the proper order. Occasionally pour in some of the sand to fill up the gaps between the rocks. Ask the question again if the container is full. This time, all of the big rocks do fit and so does the sand.



**POINT:** The rocks represent the important things - your family, your friends, your health, anything that is so important to you that if it were lost, you would be nearly destroyed. On the other hand, the pebbles/sand are the other things in life that matter, but on a much smaller scale. The pebbles/sand represent smaller things like materialistic items or watching TV, talking on the phone, etc...

"If you put the sand or the pebbles into the jar first, there is no room for the rocks.

The same goes for your life. If you spend all your energy and time on the small stuff, material things, you will never have room for the things that are truly most important.

Pay attention to the things that are Important in your life and spend time on the Important.

After you and your class have done the Rocks, Pebbles, and Sand activity, have a discussion with the following questions:

- 1. What are some big rocks in your life? What are some pebbles?**
- 2. How can being prompt make a difference....for yourself.....for others?**
- 3. How can you using your time wisely be helpful at school....at home....in life?**



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